



2801 W Loop 306, Suite A
San Angelo, TX 76904
Business: 325-223-5704
Toll Free: 877-944-9666

NEWS RELEASE – MEETING AGENDA

TO: Concho Valley Regional Advisory Committee on Aging
FROM: Toni P. Roberts, Aging Services Director, Area Agency on Aging of the Concho Valley
DATE: March 13, 2019
SUBJECT: Meeting Agenda

The regular meeting of the Concho Valley Regional Advisory Committee on Aging will be held Wednesday, March 27th beginning at 10:00 a.m. at the Concho Valley Regional Training Center, 2801 W. Loop 306, Suite A, San Angelo, TX

AGENDA

1. **Determination of a quorum and call to order** Dolores Schwertner, Chair
2. **Invocation & Pledge of Allegiance**
3. **Welcome guests**
4. **Review/Approval of minutes** from January 23rd, 2019 meeting
5. **Texas Silver Haired Legislature:** update on membership forms
6. **Aging Director's Report:** Closeout, Planning Budget, EBI, Area Plan outline and discussion, Rural Outreach efforts, Good Samaritan program in Brady, 2019 Senior Sourcebook, Wesley Nurses training, Area Plan Progress Report update
7. **Request for Applications** - Aging and Disability Resource Center proposal
8. **Discussion:** Review draft of proposed Operating Guidelines updates/Q&A
9. **Concho Valley Transit updates/discussion**
10. **Other Business/Announcements**
11. **Next Meeting:** Wednesday, May 22nd, 2019 - Concho Valley Regional Training Center

A program of the Concho Valley Council of Governments *Funded in part by Texas Health and Human Services

Coke, Concho, Crockett, Irion, Kimble, Mason, McCulloch, Menard, Reagan, Schleicher, Sterling, Sutton and Tom Green Counties

**MINUTES OF MEETING REGIONAL ADVISORY COMMITTEE ON AGING
January 23rd, 2019**

The Regional Advisory Committee on Aging (RACOA) met on Wednesday, January 23rd, 2019 beginning at 10:06 a.m. at the Concho Valley Area Agency on Aging meeting room, 2801 W. Loop 306, Suite A, San Angelo, Texas.

Members present were:

Linda Alastuey
Mary Cortinas
Maggie Farrington
Beth Grounds
Mary Kay Henson
Louise Jacobsen
Sherry Hubbard
Erin Kelly
Sheri Millican
Rosie Quintela
Mary Roden
Dana Sercos

Staff present were:

Toni P. Roberts
Crystalin Pattillo
Yolanda Torres
Erin Hernandez

Guests included:

August Roden - Mary Roden's Husband

BUSINESS

CALL TO ORDER

Vice-Chair, Linda Alastuey, announced the presence of a quorum and called the regular meeting of the Regional Advisory Committee on Aging (RACOA) to order at 10:06 a.m.

INVOCATION AND PLEDGE OF ALLEGIANCE

The Pledge of Allegiance was conducted as a group.

WELCOME GUESTS

August Roden was introduced and welcomed.

APPROVAL OF MINUTES

The minutes of the September 26th meeting were reviewed and approved with changes.

The following changes were made to the Texas Silver Haired Legislature (TSHL) Report section:

“The next **Texas** Legislative session begins in January. **The next Texas Silver Haired Legislature session begins in April.**” Verbiage was added clarify when each legislative session is going to begin.

TEXAS SILVER HAURED LEGISLATURE (TSHL) REPORT

Member Sherry Hubbard is currently working on the Policies, Procedures, Elections, Credentials, & By-Laws manual; editing and adding in amendments from the last two years. February 11th will be the next Executive Council meeting, it will also be the Texas Silver Haired Legislature Foundation Fundraiser Gala at the Bob Bullock Texas State Historical Museum. The upcoming Executive Council meetings will be in April, followed by training in July. TSHL is expecting to lose approximately 15 members, leaving approximately 38 seats open.

AREA AGENCY ON AGING (AAA) DIRECTOR'S REPORT

Director Roberts provided updates on the following:

Funding Updates – The AAA has received two NFAs (Notice of Funding Award). Had not received funds since October before those came in. Received full HICAP funding. There has not been any word from the State regarding the current Government shut down.

Planning Budget Status Update – Received an inquiry from the State on 12/28. On 1/17, emailed HHS regarding anticipated date for Planning budgets to be approved; was informed to check back in a week. The Planning budget contains carryover funds, which can not be utilized until Closeout is completed; approved to purchase 5 new computers/printers, replacing 7 ½ year old computers.

Area Plan Progress Report – Last done in FY16. The Area Plan uses input from RACOA and members in the region to decide what services are needed in our area. HHS OAAA (Office of Area Agencies on Aging) will be monitoring FY18 actual activities completed compared to what was in the initial, approved plan. This report also requested that Client Satisfaction surveys be submitted to review client’s opinions on services. Report is due in February, will present to Committee in March.

Review of proposed EBI programs – List of 47 EBI programs, was reviewed by AAA Coordinator, Crystalin Pattillo, and, AAA Director, Toni Roberts. Active Living Every Day (ALED) is \$349 per person online. The current EBI that Concho Valley offers is Stress Busting and costs about \$1,500 to send two employees for training. Other Caregiver EBIs have further training, additional requirements, and longer sessions. The AAA is finding it difficult to get Stress Busting advertised/implemented in the counties. To proceed with a class, we must have a minimum of 4 participants who attend each of the 9 week classes. Active Living Every Day can be 1 on 1 and only requires one facilitator. If there is interest, we can enter in to an agreement with Senior Center Directors to received training and offer the course at their site. Texercise is a recently approved EBI, online training is free; two sessions a week, 90 minutes a session for 10 weeks. HHS OAAA requests that AAAs reach out to Senior Centers/Congregate Meals sites for potential

partnerships to offer Texercise.

HICAP efforts – HICAP is a funding source utilized by the Benefits Counseling program to assist Medicare Beneficiaries of any age with Medicare related questions. Last year, it was uncertain if HICAP funds would be renewed; this grant runs April to March. The Benefits Counseling program usually sees a decline in program participation at the end of Open Enrollment, so the program plans to increase their rural outreach efforts.

BENEFITS COUNSELING OPEN ENROLLMENT 2018 OVERVIEW

Yolanda Torres, AAA Supervisor: three full-time Benefits Counselors and one temporary staff were utilized this season. Early planning and preparation for Open Enrollment begins in August of each year, along with increased outreach and awareness efforts about the upcoming enrollment period. The AAACV provided assistance to 275 individuals between October to December for the 2018 Open Enrollment period. 121 individuals made changes to their Part D plans, 114 reviewed their plans, but no changes, 18 individuals were no call/no show, and 22 individuals needed assistance independent of Open Enrollment needs. In 2018, the AAACV staff implemented a new change to allow for more availability: screened callers for those who were not required to enroll during the specified Open Enrollment period. This will be a process that continues in future enrollments, as it did allow for more availability for those who are required to enroll during October - December and allowed the Benefits Counseling staff to have appointments scheduled in to January for those who could enroll after December.

MEMBER DISCUSSION & INPUT ON FLYERS

Due to transit doing No Fare rural rides, the AAA is promoting transportation for Caregivers to supplement previous funds allocated to Transit for rural rides. Erin Hernandez, 2-1-1 Resource Specialist, was introduced; Erin will be completing outreach on behalf of the Caregiver program for the AAA. The new flyers for Stress Busting, Caregiver Transportation and monthly Caregiver education opportunities were presented.

CONCHO VALLEY TRANSIT – JEFF YORK (ASSISANT GM)

Jeff York provided the new Paratransit flyer. Transit has monthly safety meetings with their drivers; CVT is seeking partnerships with other agencies to implement new programs. Katy Matschek with the Concho Valley Economic Development District is working with the Concho Valley Transit and will partner with the AAACV to complete outreach on CVT's behalf.

ADJOURNMENT

The meeting was adjourned at 11:33 a.m. duly adopted at a meeting of the Regional Advisory Committee on Aging this 23rd day of January, 2019. The next RACOA meeting is scheduled for Wednesday, March 27th, 2019.

Minutes completed by Crystalin Pattillo.